



## LAURA YAMIN PITCH TO SHE PERCOLATES

Dear Danielle and Jen,

Thank you so much for She Percolates. It's one of my favorite podcast that I get to listen bi-weekly.

One of my favorite podcast is Andrea Howe. I love the reminder that success is a feeling. That we can feel settled and content with where we are. It is something that resonates with me.

I've heard people say that the secret to "success" is never giving up, but lately I've gotten really good at "quitting" things. For me, that's a measure of success, particularly given the fact that I pushed myself to choose experiences because they were challenging (like leaving my family in Puerto Rico to go to college in Syracuse, NY -- talk about throwing myself into something totally foreign.)

I'd love to be considered for a guest spot on your show, if you see fit. Here's a little more about me and my journey to redefine success for myself.

- I was born and raised in San Juan, PR
- I choose to leave the comfort of the caribbean to the cold winters of Syracuse, NY for college. In school, I focus on being an honor student.
- After school, I was accepted to the top graduate program in higher education. Upon graduation, I landed a coveted job in New York University.

After ten years following what I thought success should look like I found myself having an Identity crisis. I started to question everything. I decided to that there must be another way. I became comfortable quitting things that no longer aligned. I left behind a 10 year career in higher education to explore what is out there. I started living again this time around outside my comfort zone.

In our interview, we could talk about all the things that might look like "failure" or even "flakiness" (for lack of a better word) from the outside, but for me personally made me feel like I was making progress and achieve a level of success.

- Saying "no:" I learned how to say no to the constant demands and started saying yes to me.



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- Quitting: as someone who never quit a job before three years ago -- i've quit a number of jobs and opportunities since. I know ask myself "Does it fit within the bigger picture; the success journey that i want..."
- Saying yes: It's not just the big stuff such as a skydiving and swimming with sharks. It's about the small yeses that can really change your life. I discover the power of saying yes to me whether is trying out a new meal, learning a new skill have allowed me to find my own measure of success.

Let me know if we can schedule a time to talk. It would be my honor.

You can learn more about me [here](#).

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I've been featured in interviews here at [Sarah R Bagley Show](#) and [A Better Life Podcast](#).

Sincerely,

Laura Yamin